



# Motivation

***“It’s like trying to get blood from a stone with this lot !”***

## **The Challenge**

Managers think they can motivate their people. This is the first and most pressing challenge. We believe we are so powerful, worldly and wise that we can control the way people feel and therefore we get frustrated, annoyed and even angry when some people don’t do what we want them to do. We don’t understand why some people don’t get up and go instead they sit down and stay. There seems to be a lack of oomph and we can’t change this... or can we ?

## **The Solution**

Stop believing you can motivate people. Start thinking about what motivates your people and learn what each and every personal motivational agenda lies within them. This give you a fighting chance of getting more from them and gaining the respect you desire and need as an effective manager. Sure study motivation theory, but how do you apply this academia with maximum results. Apply simple and effective tools and techniques to empower a self motivated workforce inspired by you.

This half day pragmatic workshop enables you to do the following :

- Understand people better
- Identify beliefs that result in their behaviours
- Inspire your people so they become self motivated
- Create an environment where people want to do things
- Take ownership of communication
- Apply a simple ABCD model of motivation within your team
- Increase performance by at least 5%

**£159** Half day workshop

**TO BOOK** or to discuss a Bespoke in-house solution **Contact us on** 01483 256959 or [welcome@expressionspartnership.com](mailto:welcome@expressionspartnership.com)

## **The Audience**

This workshop is ideally suited to anyone who works with people. Anyone who supervises, manages and, or leads people in business, school or sports. This may involve people recently going through the change process or about to embark on a change.

You will be working with others who share similar challenges, possible solutions and experiences. You will also receive tools, techniques, solutions, and guidance on how get the very best from your people and you.

