

mentoring



Mentoring offers individuals and groups the opportunity to tap in to a wealth of knowledge, wisdom and experience. A chance to reflect and utilise the advice of someone who has experience in that particular subject. Our mentors have worked with hundreds of business leaders and as a 'Critical Friend' will challenge and support clients through specific and general situations. Investment includes unlimited phone and email support

As professional mentors we may use reflection, requests and discussion to help clients identify and develop strategies and action plans intended to achieve the required improvements in outcomes and competence. Mentors are used to add a third alternative to a situation and to limit the ineffective use of time and effort by duplicating what is known to be less beneficial. By utilizing the experience of mentor there is a safe and confidential and non-judgmental place to learn, develop and grow

Typical elements covered with the help of a Mentor include :

- Business Management
- Marketing
- Directorship
- Financials
- Human Resources
- Team Development

- Acquisition
- Organic growth
- Mergers
- Diversification
- Management Buy Outs
- Selling your business



All Expressions Mentors are qualified and active members of the Institute of Business Consulting

Meet the team who deliver 'MENTORING' tailored to your individual success needs.....



Formerly an accomplished athlete, Simon is an active and experienced performance coach, trainer and mentor whose specialty is inspiring people at all levels to improve their performance associated with behaviors and beliefs. Simon has worked in a range of settings - government agency, commerce, private and public sector, health, sports, fitness and rehabilitation.

Co-founder of the Expressions Partnership Simon's client focus centres on meaningful improvements and outcomes. Simon has been engaged in mentoring young people, business leaders, managers, operative and delivering mentoring training for organisations, wishing to set up a mentoring programme internally. Simon has worked with a range of organisations at local, regional, national and international levels. Simon is an active school governor

Peter is an executive coach, mentor and adviser dedicated to helping businesses and their Senior Managers to improve their performance. He has a track record of developing people and businesses beyond their own perceived potential and abilities.

Peter's previous roles have ranged from Bank Branch Management, Human Resources at strategic and operational levels, heading up Sales and Marketing and moving on to General Management where he led 400 staff across 20 locations. Peter is a member of the Chartered Institute of Personnel and Development, and has been trained at Cranfield University and Ashridge School of Management. He has also served on the board of two local Enterprise Agencies



Paul is an organisational and people development specialist with 12 years experience with a national training agency, followed by 4 years experience as a freelance management consultant. Paul has a wealth of practical down to earth knowledge and experience that has enabled a wide range of clients in public and private sector (particularly in SME's) to maximise the individual and collective contribution of people to the success of their business.

As a qualified performance coach, Paul fundamentally believes that people are integral to any business success so is committed to helping organisations to implement practice and policy that can fully exploit their workforce potential. Paul is also a mentor and adviser

Martin is a trainer, mentor and executive coach who specialises in working with Managers and Leaders to develop their capabilities and that of their teams. His drive is to improve performance by helping people make sense of it all.

Working with managers to develop their self awareness and build on their strengths, he enables managers to acquire new self confidence and discover the right approaches for them to lead and enable others.

Martin has over 20 years management experience in consumer marketing and sales. He has worked for Unipart, Express Dairies, Wella Haircare and Spillers Foods. Martin is also an accredited Belbin Practitioner



To arrange to meet one of our mentors for a FREE 'get to know each other' session please call Expressions on 01483 256959 or visit our website www.expressionspartnership.com for further information about how we could help you help yourself